

The Rotary Club of Port Macquarie

P.O. Box 136, Port Macquarie NSW 2444 Australia

President - Frank Moxon

President-elect - PDG Debbie Loveday

Immediate Past President -Elizabeth Fielding

Vice President - Gai Nixon Secretary - Geoff Slack

Treasurer - Bob Cleland

Club Service Director - PDG Debbie Loveday

Community Service Director -Phil Perry

International Service Director -Ray Hodgson

Vocational Service Director -Neil Porter

Youth Service Director -

Diana Gammon

Club Meetings Wednesdays @ Port Panthers 5-30pm for 6pm start. BUT check program on page 2 for what is happening.

Apologies for Week's Meet to -

Frank Moxon

Email: pamoxy@gmail.com or 0413 349 144 & text - "Rotary YES" or "Rotary, NO"

Club bank details - BSB 932-000 a/c 500 186 792

Past/Present District Governors

Roger Dulhunty 1969-70 Ivan Meldrum 1975-76 Laurie Barber 2006-07 Debbie Loveday 2020-21 David Mayne 2021-22

<u>Bulletin Editor</u> - Kerry Medway kerrymedway1946@gmail.com

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The Port Wheel

The weekly bulletin of the Rotary Club of Port Macquarie Inc

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Website www.rotaryclubportmacquarie.com.au

Facebook - https://www.facebook.com/RotaryClubPortMacquarie/



Paediatric Refurbishment

Sharon Fuller is the Corporate Relations Coordinator at Mid North Coast Local Health District. She is experienced with a demonstrated history of working in the fundraising sector. She skilled in Crisis Communications, Event Management, Journalism, Media Relations and Magazines. Sharon has strong community and social services connections in our community.

Our club has joined with other Rotary clubs in our cluster to support the Paediatric Emergency Department room refurbishment. The expected project cost is \$65K.

To date Bob Cleland and Steve Towle from Port West have applied to the RACG for \$15,000.

Our club has pledged \$5000 towards this. The compassionate grant is a matched grant so as you can see we will have \$30K towards the project straight away.

Why do we need to make our children's visit to hospital less stressful? Hospital emergency departments can be noisy and stressful. This can impact children and families seeking emergency care. Creating a calmer, more comfortable environment has been driving the development of new paediatric emergency department areas in our state's busiest hospitals. The role of good design in delivery of high-quality care is significant.

Colour plays an important part in promoting a positive environmental experience which in turn can reduce stress and negative feelings. Cartoons on the TV instead of news and soap operas. Toys and books also play a part in creating a positively stimulating place.

Quote of the week - submitted by Frank Gaukroger, who is about to travel to North Queensland for his winter sojourn.

"It is important to remember that amateurs built the Ark and it was professionals that built the Titanic!"

- Elizabeth May

Membership Moment What are the benefits of joining Rotary?

Make a difference in the lives of others, Develop skills that can easily be applied to a career, like public speaking, project Management, and event planning. Network with other professionals

Build lifelong friendships

Make international connections

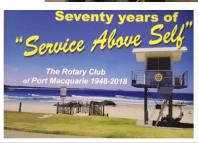
Be insured for being People Of Action

MAKE YOUR MEMBERSHIP MEMORABLE!

THE HOME OF OUR DISTRICT GOVERNOR

In Our 74th Year





Club program - If you are unable to fulfil your role, swap with someone & advise Port Wheel Editor Kerry.

<u>Date</u>	<u>Program</u>	<u>Speaker</u>	<u>Program Chr</u>	<u>Welcomer</u>	<u>3 ON ME</u>	<u>InterToast</u>	<u>Sergeant</u>
May 11th	Dinner at Panthers	Ray Hodgson Nepal Hospital	Glenda Barber	Phil Perry	Tony Moore	Robert Rutishauser	Kerry Medway
May 18th	Garden Village Banksia Dev	Craig Werne	Neil Porter				
May 25th	Dinner at Panthers	Graeme Mooney - Care Planning	Terry Crossley	Gai Nixon	Ray Hodgson	Phil Perry	Glenda Barber

2022—2023 Theme Logo Explained



It was designed by Riki Salam, an Australian Indigenous artist and graphic designer.

The circle in the aboriginal culture signifies our connections to one another.

The dots around it represent people and there are seven because of Rotary's areas of focus. The circle and the dots together become a navigation star - our guiding

The solid line underneath is a digging stick and it is used when doing hard work. As we are people of action - it

represents a tool for getting things done.

The colours green, purple, and white were purposely selected by President Elect Jennifer Jones.

Jennifer stated there are several ways to interpret the colours:-

Purple for example stands for Polio eradication.

Green for the environment, the newest addition to our areas of focus, and White for peace our core mission.

Together, they are the colours of the women's movement, the Suffragette - a subtle nod to this history of Jennifer Jones being the first female RI President.

Thanks to DGE Neville Parsons for allowing me to copy this from the PETS training held recently in Port Macquarie.

In 1949, the Rotary International Board adopted the slogan "Every Rotarian an Example to Youth" as an expression of commitment to children and youth in each community in which Rotary clubs exist. Serving young people has long been an important part of the Rotary program.



Ukraine Update

The war in Ukraine is having devastating consequences on civilians as families flee their homes. According to the United Nations, more than 3.5 million people, most of them women and children, have sought refuge in neighbouring countries and across Europe, while about 7 million more people have been displaced within Ukraine. Rotary and Rotaract clubs in Europe and around the world have taken swift action and are working with members nearby to provide food, water, medical equipment, and shelter for refugees.

The Rotary Foundation has created an official channel for Rotary members and other donors around the world to contribute funds to support relief efforts underway by Rotary districts. The Foundation has designated the Disaster

Response Fund as the main avenue for this.

The fund, to date, has received more than \$9.4 million in contributions.

One million cans/bottles = \$100,000

The R/C of Port Macquarie West recently celebrated reaching the 1 million mark in their cans/bottle collections. At a celebration dinner three Rotarians were honoured - Trevor Gilson & Rick Ellier received Paul Harris Fellowships (Trevor the visionary for the project, received a PHF ruby) and the Mr Cans - Man, Peter Gray was presented with a silver decanter. Peter has collected and stored under his house over 60,000 cans/bottles. Well done Port Macquarie West.

New 9660 DG for 2024-25

Past President Bruce George from the R/C of Inverell has been selected as the District Governor Elect for 2024-25 for our new District 9660.

Club News

Tonight's International Toast was presented by Brian Calford to the R/C of Newport Uskmouth **Gwent South in South East** Wales.

Club program -

11 May - Dr Ray Hodgson will tell us about the start of the new hospital in Dulkilil in Nepal.

18 May - Vocational Visit 5pm start Garden Village Banksia Project



22 May - District Assembly - CSU

25 May - Advanced Care Planning -Graeme Mooney

1 June - Next year, your say

25 June - District Changeover LUSC

29 June - Club Changeover

Birthdays May 2022

09/05 - Rod McCormick 11/05 - Helen Brown 13/05 - Frank Urban 15/05 - Jill Heagney

<u>Anniversaries</u> May 2022

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