



# The Port Wheel

The weekly bulletin of the Rotary Club of Port Macquarie Inc  
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Club No. 17940 Chartered May 22nd, 1948

Website [www.rotaryclubportmacquarie.com.au](http://www.rotaryclubportmacquarie.com.au)

Facebook - <https://www.facebook.com/RotaryClubPortMacquarie/>

## PDG Deb Donates \$25,150 to Lifeline

Debbie Loveday's 2020-21 DG Project was to raise funds for Lifeline. The Rotary Clubs in District 9650 got behind this project & greatly supported it. Debbie on Monday presented the CEO for Lifeline MidCoast Catherine Vaara with a cheque for \$25,150-00. (pictured right) The money will go a long way to supporting people in this District who need help. A BIG THANKYOU to every R/C who contributed.



**The Rotary Club of Port Macquarie**  
 P.O. Box 136, Port Macquarie  
 NSW 2444 Australia

**President** - Frank Moxon

**President-elect** - PDG Debbie Loveday

**Immediate Past President** - Elizabeth Fielding

**Vice President** - Gai Nixon

**Secretary** - Geoff Slack

**Treasurer** - Bob Cleland

**Club Service Director** - PDG Debbie Loveday

**Community Service Director** - Phil Perry

**International Service Director** - Ray Hodgson

**Vocational Service Director** - Neil Porter

**Youth Service Director** - Diana Gammon

Club Meetings each Wednesday @ Port Panthers 5-30pm for 6pm start.

**Apologies for Week's Meet to** - Frank Moxon

Email: [pamoxy@gmail.com](mailto:pamoxy@gmail.com)  
 or 0413 349 144 & text - "Rotary YES" or "Rotary, NO"

Club bank details - BSB 932-000  
 a/c 500 186 792

### **Past/Present District Governors**

Roger Dulhunty 1969-70

Ivan Meldrum 1975-76

Laurie Barber 2006-07

Debbie Loveday 2020-21

David Mayne 2021-22

**Bulletin Editor** - Kerry Medway  
[kerrymedway1946@gmail.com](mailto:kerrymedway1946@gmail.com)

**Assistant Editor** - PDG Debbie Loveday



## Lifeline Records Highest Daily Call on Record as Lockdown Exacerbates Loneliness & Hardship



Lifeline has recorded its busiest day ever, a sad outcome linked to Australia's current lockdowns. The support service saw Monday August 3 service 3,345 calls, which is the highest daily number in the organisation's history.

..... Suicide Prevention Australia CEO, Nieves Murray said the lockdowns had raised tensions (but so far there has not been an increase in suicides) The recent lockdowns have significantly shifted the social and economic landscape and will exacerbate the risk factors that are clearly linked to distress such as economic hardship, employment, relationship breakdown and loneliness, particularly for young people.

..... Australians are being urged to reach out to anyone who may be struggling. Parents, grandparents and carers, are urged to find time for regular check-ins with the young people in their lives, particularly if you notice things don't seem quite right.

.....*Extracted from an article on-line by Caitlyn Davey - ABC News.*

- . If you or anyone you know needs help: call -**
- \* Lifeline on 13 11 14**
- \* Kids Helpline on 1800 551 800**
- \* MensLine Australia on 1300 789 978**
- \* Suicide Call Back Service 1300 659 467**
- \* Beyond Blue 1300 224 636**



THE HOME OF OUR DISTRICT GOVERNOR

## In Our 74th Year



## Club program - If you are unable to fulfil your role, swap with someone & advise Port Wheel Editor Kerry.

Date	Program	Speaker	Program Chr	Welcomer	Community Spotlight	InterToast	Sergeant
Aug 18	Voc @ Hastings Secondary College	Stem Robotics Meet Port High	Neil Porter				
Aug 25th	Dinner Meet at Panthers	Pamela William Probus	Bob Cleland	Glenda Barber		Gerald Haynes	Neil Porter
Sep 1st	At Panthers Business Meet Nomeal	Mix & Mingle (Covid pending)	Bob Cleland	??????			Glenda Barber

## Memories of Paul's Rotary Days

Following last weeks story on Paul Trevillion's 34 years in our R/C, some have sent in their special memories—

### Lyn Bowen

*Thanks for printing the item about Paul Trevillion. What I always remember about Paul was that he would pick up and wear anyone's name badge.*

*(In those days all club badges were kept on an apron & members could collect their*

*name badge on arriving at the meeting) With women becoming part of the club, it still didn't deter him. One night he was Heather Mesher, which still gets me a chuckle. Cheers.....Lyn*

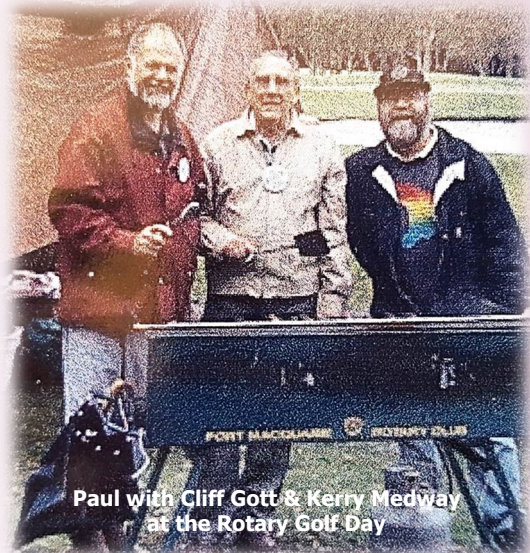
### This prompted Paul's response

*Ah yes, thanks for that memory Lyn. We had quite a bit of fun with our name badges. I remember at some stage there was a clash of vocations with my Finance classification and the Secretary or Club Director as a solution to the problem asked me to write down what I would like my new badge to say? As a joke, I wrote - I would like my badge to say HANDSOME & INTELLIGENT. The joke turned out to be on me when I was officially presented with the badge a few weeks later with my vocation being - 'Handsome & Intelligent'. I wore it with much pride and amusement for many years and it's still a prized possession - one that other Rotarians can really appreciate. As the saying goes - 'thanks for the memories.'..... Paul*

**Mavis Wallace** - On holidays in North Queensland - *I am sorry I am not home to give you photos of Paul So many good memories with Kevin and Paul playing billiards before and after the Rotary meetings with a few wines as well! Kerry Trevillion was not aware that the Rotary meetings finished so early until someone rang her one night to speak to Paul when he should have been home!!!! The fun golf days, betting on holes and the raffles after the game when we all had such a great night. Paul was the very best help to me when we lost Kevin.... Kind regards from Mavis.*

### Kerry Medway recalls -

*At the Rotary Golf Days, golfers were invited to punt on whether they could land their ball on the Par 3, 5th green. They were given odds according to the golfers handicap. Paul was our top 'bookmaker' often enticing the 'victims' to place larger bets than the usual \$5-00, sometimes offering enticing odds. Many a sorry golfer would back himself for \$20 or \$50 at 5-1 only to slice his ball into the rough or the sandtrap and miss the green, even though he had a single-figure handicap! Paul hardly ever lost and the golfers would walk off laughing at their wild shots and BIG donations to Rotary!!!*



Paul with Cliff Gott & Kerry Medway at the Rotary Golf Day

## Note this date in your Diary

- September 17th - Rotary Golf Day

## Club News

Stay in the Know!

- Vocational visit to Hastings Secondary College** next Wednesday. 5-30pm meet at Port Macquarie Secondary College front entrance in Owen Street. Program starts at 5-45pm. STEM Robotics tour & food (need to pre-order your food from Neil ASAP) Cost \$15. All this pending no Covid shut-down by next Wednesday.
- Professor John O'Connor** spoke to us on-line tonight as due to Covid he is in lock-down in Maitland. Our meeting was ably chaired by Dr Ted Giblin. The Professor shared some fascinating information on the future of CLEAN ENERGY FOREVER. Professor John has been working on FUSION at Newcastle University for 40 years. Thanks PDG Debbie for organising, whilst it was disappointing we were unable to have a public forum, it was a valuable & informative lecture. Hopefully we will do this again.

### Birthdays - August 2021

12/08 - Joan Moss  
29/08 - Glyn Fuller

### Anniversaries August 2021

21/08 - Alastair & Joan Moss  
28/08 - Robert & Josie Rutishauser

