

The Rotary Club of Port Macquarie P.O. Box 136, Port Macquarie NSW 2444

- President Bob Cleland
- President-Elect Elizabeth
 Fielding
- Vice President Glenda Barber
 - Secretary Geoff Slack
 - Treasurer Frank Moxon
 - Club Service Director -
 - Debbie Loveday (acting)
- Community Service Director
 Elizabeth Fielding
 - International Service Director - Ray Hodgson
- Vocational Service Director -Neil Porter
- Youth Service Director Gil Padarin-Innes
- Membership Director vacant
 - Club Meetings each Wednesday @ Port Panthers
 6pm for 6-30pm start.
- Apologies or bookings to - Elizabeth Fielding Phone - 0407 369 512

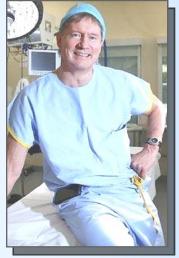
 Email fielding.ej@gmail.com
 - Club Bank Details BSB 932-000 a/c 500 186 792
- Past District Governors -Roger Dulhunty 1969-70; Ivan Meldrum 1975-76; Laurie Barber 2006-07; District Governor Elect -2020-21 Debbie Loveday District Governor Nominee -2021-22 David Mayne
 - Bulletin Editor -Kerry Medway
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The Port Wheel

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Website - www. rotaryclubportmacquarie.com.au See us on facebook - <u>https://www.facebook.com/RotaryClubPortMacquarie/</u>



SOCIAL DISTANCING IS A PRIVILEGE

An article written by Dr Ray Hodgson Australians for Women's Health

While we all grumble at the inconvenience of selfisolation and social distancing, take a moment to appreciate that we live an affluent country that allows us to isolate. Spare a thought for the multitudes in developing countries who are about to be hit with a tsunami of COVID infection. Try social distancing when your home is a two-room shack you share with multiple others.

.Try practising basic hygiene when you have no access to running water and you can't afford hand sanitiser.

.Annoyed you can't buy toilet paper? Try living in Dharavi, Mumbai, where there is

one toilet for every 1,400 people. Short on pasta or tinned tomatoes? Try living in rural India or Nepal where there's no possibility of stockpiling food.

Frightened or frustrated about our shortage of ICU ventilators?

Picture yourself in a defenceless country where, even prior to this pandemic, health resources are already overwhelmed and the prospect of up-scaled hospital care is fantasy.

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Right now in Australia, we appear to be flattening the curve with our public health and hospital-based interventions. But in developing countries, these measures will be largely ineffective or unfeasible. It's highly likely that COVID 19 is about to rip through the developing nations in Africa, South Asia and Latin America. The developing world is already falling apart economically from the collapse of commodity prices, tourism and international funding. COVID 19 has only just reached these parts of the world, but as this infection escalates, there will be unimaginable damage to health, human rights and, in the most severe cases, basic food security and nutrition.

The Federal Government of our country has acted appropriately with unprecedented funding and cash flow programs to assist Australian citizens and businesses. But we must look beyond our borders. An estimated 55% of the global population has no access to social protection. Communities in fragile developing nations desperately need the help of wealthy countries like ours. *Continued over the page >>*

Winner of the PDG Barrie Titcume (1971-72) Trophy for best club bulletin in 2018-2019 in Rotary District 9650, Australia.

