

The PORT WHEEL

Volume 70 No.38 Wednesday 18th April 2018

Club No.17940 Chartered May 22, 1948

Website - www.rotaryclubportmacquarie.com.au

See us on facebook - <https://www.facebook.com/RotaryClubPortMacquarie/>



Meeting notes

- **Gai Nixon** toasted the **Rotary Club of Addis Ababa in Ethiopia** for our International Toast.
- **Frank Gaukroger** gave a very interesting **3 on Me talk** on his musical career, which was far more extensive than any of us realised. Well done Frank.
- Nominations have closed for the **Rotary Emergency Services 'Volunteer of the Year' Award**. The Vocational Team will vote on the winner this week. The award will be presented on May 2nd.
- **Next weeks meeting** has been transferred to Tuesday 24th April @ Westport for an ANZAC tribute. Speakers representing our club will be - Kydon Power O'Toole (MacKillop) & James Jackson (Hastings Secondary College - PMQ Campus). See details on next page. RSVP by Fri 20th.
- **Scottish Night**. Laurieton Club has invited us to join them on Monday 23rd April for the visit of five Scots from Wick in Scotland. Bagpipes & a brief presentation. At the Anzac Room LUSC 6pm for 6-30pm. RSVP by Friday 20th to Phil Hafey 0411 240 211 or email: phil.hafey@bigpond.com
- **Bob Cleland** advised that the **book sales at the Sunday markets have ceased**, despite being very profitable. We hope to restart sales on a Saturday.
- **Ray White** advised **The Pink Ladies Golf Cart** is in action at the PMQ Base Hospital.

The Commonwealth Games



The Bull Ed enjoyed the Commonwealth Games on the Gold Coast last week (pictured - Kerry & Julie Medway & daughters Rebecca & Naomi). Saw the swimming (five Aussie golds) & the athletics in Carrara Stadium. The athletes were inspirational & the 15,000 volunteers were superb & the travel staff very efficient & helpful. It was a memorable event. What a pity the organisers stuffed-up with the closing ceremony.

Two hi-lites were - watching an Aussie S8 swimmer with no legs win gold. And in the women's 10,000 metres, seeing the three Aussie girls who didn't run a place, waiting at the finish line for the girl running last to finish & congratulating her. Now that is what the games are all about!

Ovarian Cancer in Australia



Our guest speaker tonight was retired Pharmacist Robert Jordan an Ovarian Cancer Australia Community Adviser. (Pictured with Program Chair - Gil Padarin-Innes).

Robert gave a challenging & disturbing presentation on Ovarian Cancer. Sharing on his wife's death from O/C & his role as a Carer. In Australia one woman dies of Ovarian cancer every seven hours.

Robert spoke very positively about the symptoms & treatment for O/C. There is no early diagnose, but some symptoms to watch out for - 1. Fatigue; 2. Persistent abdominal pain & bloating; 3. Feeling full after only eating a small amount; 4. Needing to urinate often. If any of these symptoms occur, please seek medical advise. For more information go to - www.ovariancancer.net.au Don't delay. Robert had some great advise for carers.

President: John Sheppard; **Secretary:** Terry Crossley
P. O. Box 136, Port Macquarie... NSW... 2444

CLUB MEETINGS, EACH WEDNESDAY @ Port Panthers,
5-30pm for 6pm start.

Apologies or bookings to Elizabeth Fielding...

Email - efielding@csr.com.au or Text - 0407 369 512

President - John Sheppard; **President-elect** - John Sheppard; **Treasurer** - Bob Cleland;
Vice-President - Gai Nixon; **Secretary** - Terry Crossley;

Directors - Club - Glenda Barber; **Community** - Ray White; **Vocational** - Kerry Medway; **Past-President** - Gil Padarin-Innes; **International** - Gai Nixon; **Youth** - Diana Gammon; **Membership** - Fred O'Toole.
Club - Past District Governors - Roger Dulhunty 1969-70, Ivan Meldrum 1975-76, & Laurie Barber 2006-07.



Club program

If you are unable to fulfil your role, please swap with someone & advise bulletin editor

Date	Program	Speaker	Program chair	Welcomer	3 on Me	Inter. Toast	Sergeant
Apr. 24th	ANZAC Meet @ Westport	A Combined meeting with Westport Rotary - our meeting for 25th cancelled - Anzac Day					
May 2nd	Rotary Emergency Services 'Volunteer of the Year' Award - speaker - Police Inspector Paul Fehon						
May 9th	Joint Board Meet	_____	_____	_____	_____	_____	_____
May 16th	Hastings Education Fund	Jim O'Brien	Neil Porter	Mavis Wallace	Debra Kenworthy	_____	Kerry Medway



INVITATION to -

The 70th Anniversary Celebration of the Port Macquarie Rotary Club
 Wednesday 23rd May 2018
 6pm at Panthers Auditorium, Port Macquarie. Cost \$45 p/p
 RSVP by May 9th - efielding@csr.com.au - or Kerry Medway 0423 633 301
 Plus the launch of the club's pictorial history - Seventy Years of 'Service Above Self'
 Ninety cameos of Rotarians & over 200 pictures from 1948-2018



ROTARY CLUSTER ANZAC MEET
ANZAC DAY TRIBUTE
 At Westport Bowling Club
 On Tuesday 24th - 6pm for 6-30pm
 Cost \$25-00 p/p


Students from local High Schools, etc. will share on what ANZAC means to them.

RSVP by Friday 20th April to -
 Elizabeth Fielding if attending - efielding@csr.com.au
 Text 0407 369 512

Forty people have already booked-in for the 70th ANNIVERSARY CELEBRATION @ Panthers for the ROTARY CLUB OF PORT MACQUARIE on May 23rd 2018.

Note - RSVPs are due by May 9th
 to Elizabeth Fielding - efielding@csr.com.au

Its going to be a great night with the launching of the book SEVENTY YEARS OF 'SERVICE ABOVE SELF' by the Mayor Peta Pinson & Rotary President John Sheppard. There will also be a couple of BIG surprises too.



TRYING A LITTLE KINDNESS
 The Rotary Club of Port Macquarie 1948-2018
 Song by Glen Campbell

< A slide - show to be produced for the 70th featuring many of the amazing projects our club has been involved in to bless our community.



Quotation of the week -

"You know you are getting old when the candles cost more than the cake!"

- Bob Hope



BIRTHDAYS April 2018

- 18/04 - Mary Oxley
- 28/04 - Sam Openshaw
- 29/04 - Debbie Loveday
- 30/04 - Jim Krahe

WEDDING ANNIVERSARIES April 2018

- 19/04 - John & Mary Oxley